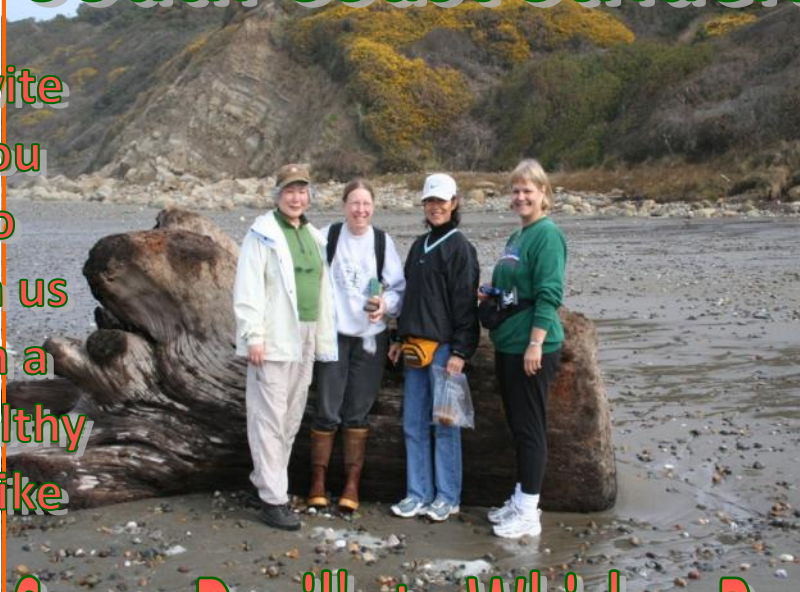


# South Coast Striders

Invite  
you  
to  
join us  
on a  
Healthy  
Hike



## Seven Devil's to Whiskey Run

Saturday, Feb 25th, at 8:00 or 9:00 am

We will meet at the Seven Devil's Wayside Park.

We will learn a little about the colorful mining history of the area and do a little tide pooling and rock hounding along the way. This is a popular beach for agate and petrified wood hunting.

Longer hike leaves the wayside at 8:00am and travels south along the beach past Fivemile Point to Whiskey Run beach then returns along the Oregon Coast Trail alternative route for a 5.4 mile round trip rated difficult. There is a 1/2 mile section of road walking on Whisky Run Rd. 2-3 mph average pace.

Shorter hike leave at 9:00am and goes south along the beach to Fivemile Point then returns for a 2.4 mile trip out and back. Rated easy to moderate.

\* Waterproof boots or shoes, a windbreaker with a hood and hiking sticks are recommended.

The weather can change rapidly so dress in layers and come prepared for rain and/or foggy conditions.

**Driving Directions:** From Hwy 101 between Coos Bay and Bandon: go W on W. Beaver Hill - go 1.7 m. then left on Whisky Run - go 2.6 then right on Seven Devil's Rd. - Wayside is 1.6 miles on left.

From Charleston, OR: Go South on Seven Devil's Rd 6.1 miles. At intersection with W. Beaver Hill Rd bear right on gravel portion of Seven Devil's Rd for 4.2 miles to Wayside entrance on your right.

**Suggested Carpool sites and Departure Times:** Coos Bay Visitor Center—7:05 or 8:05, Dune Information Center in Reedsport 6:25 or 7:25, Rays in Bandon—7:30 or 8:30, Coquille Visitor Center—7:05 or 8:05, Battle Rock Park Visitor Center—6:45 or 7:45

Sponsored by the Bay Area Hospital  
& The Coos County Women's Health Coalition

For information go to the Healthy Hikes page at [www.coostrails.com](http://www.coostrails.com)  
Or call Bay Area Hospital at (541) 269-8077 or email Don Luce at [southcoaststriders@gmail.com](mailto:southcoaststriders@gmail.com)

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